



RHRR 2024 Entry Form

SUNDAY 21st July the annual Round Hayling ‘Flag’ Race will take place!

This year Langstone Adventure Rowing has extended the Awards of an Adventure Shield to crews for:

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| 1. Fastest Round the Island | 7. Fastest St Ayles Skiff 9. |
| 2. Fastest Ladies | 8. Fastest Solent Galley 10. |
| 3. Fastest Vets Crew (50+) | 9. Fastest Bursledon Gig 11. |
| 4. Fastest Supervets (60+) | 10. Fastest Celtic Longboat |
| 5. Juniors (Under 18) | 11. Coastal Sculling C4x |
| 6. Fastest Cornish Pilot Gig | 12. LAR Sportsman’s Trophy |

<p>Boat Name:</p> <p>Boat Type: (Skiff/Galley/Gig/Quad etc)</p>	<p>Class: (Open/Ladies/Vets/Juniors)</p>
<p>How do we contact you? (Name/club/Email/phone)</p>	

<p>Standard Entry: There is a charge of £12/rower – cox goes free!</p>	<p>Payment: Langstone Adventure Rowing, NatWest Bank; 23 West Street Havant, PO9 1EU; Account number: 89650522; Sort Code: 60 - 10 - 20; BIC NWBK GB 2L; IBAN GB22 NWBK 6010 2003 2409 59.</p>
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Given the extreme challenge of this race children under 16 years may not row or cox. All boats must also:

- Carry a flag of at least 2’x3’
- Coxswains must: wear a lifejacket & take a working VHF radio (Channel 8).
- Have lifejackets/buoyancy aids for all crew