





The 2024 Langstone Rowing Weekend will take place on 20th and 21st July, comprising of two events:

Saturday 20th Langstone Pilot Gig Club Invitation Regatta: This takes place on a 1.25 mile circuit in Chichester Harbour; from the Hayling Bridge, Eastwards through the New Cut; Westewards through Church Rythe and around the Saltings to the North Marina North Slip. For more information on this event contact Langstone Pilot Gig Club

Sunday 21st Round Hayling Rowing Race: This takes place around the Hayling Island in an clockwise or anti-clockwise direction; depending on a Risk Assessmenton the day; or in case of an excessive wind over and above F5 on a shortened course through Langstone Harbour, and around the 'Mulberry' and back.

General Health and Safety Policy: It is the policy of the organisers to adopt all practical measures to ensure the health and safety of participants and others affected by the Rowing Weekend. The organisers will undertake a Risk Assessment and take action to reduce the Risks identified.

Sunday 21st Round Hayling Rowing Race: this takes place around Hayling Island in an clockwise or anti-clockwise direction (shown Blue); or in case of an excessive wind over and above F5 on a shortened course (shown Red) through Langstone Harbour, and around the 'Mulberry' and back.

The Start and Finish will be in the New Cut on the North Side of the Hayling Island, proceeding in an anti-clockwise clockwise direction around the Island. It will be run as a single race with time handicaps for different classes of boat and crew.



The 13-mile course takes around 2-2.5 hours to complete for Gigs and Galleys - the record time is 2 hours 5 minutes set by a ladies crew from the in 2023 Coastal Rowing Academy Club in a Coastal Quad. The race is a 'Flag' race that requires crews to fly a flag of the Club at least 3'x2'.

Entry Fees: There is a fee per rower (not Coxswain) entering the Round Hayling in order to provide the support to the event. Any surplus is shared between the supporting Clubs.

All boats must carry a working VHF radio (Channel 8).











Indicative Timetable:

High Water Northney 12.20.

09.30 Coxswains Briefing.

From: 10.30 St Ayles Skiffs & Bursledon Gigs 10.40 Jolly Boats and other 4 oared boats; 10.50 Celtic Longboats 10.55 Solent Galleys 11.00 Cornish Pilot Gigs 11.05 Thames Waterman Cutters 11.15 Coastal 4X

Race finishes around 14.30. Boats recovered or moored up and crews off the water 15.30.

Race Handicap: This year the 3 Harbours Rowing Clubs have adopted a new system for all the major events – the OY (Ouse Yardstick). Boat Classes will start in groups to facilitate a safe approach to the racing through the Harbour; give slower crews the chance to complete in a timely way and more transparent results.

OY24 NUMBERS FOR THIS YEAR'S RACING SEASON

Boat Class	OY Number
Dragonboat 16	1.024
Cornish Pilot Gig (W)	1.000
Cutter (Quad Sculled)	0.988
Thames Waterman	0.966
Cornish GRP	0.913
Celtic Longboat	0.903
Pembrokeshire Longboat	0.893
East Coast Skiff	0.852
Harker's Yard	0.843

Boat Class	OY Number
GRR Jolly Boat	0.840
Bursledon Gig	0.836
St Ayles	0.830
Felixstowe Clayton Skiff	0.814
Skerry	0.810
Solent Galley	0.797
Triple Skiff	0.795
Home Counties	0.698











ADVANTAGES OF THIS APPROACH

Easy to use

- Elapsed race times are multiplied by the boat class OY number to find the adjusted time of each boat

- No need to guess how long the course should take in advance
- OY numbers can be applied to any race

Robust

- Statistically-robust approach based on real-world results builds confidence in results

- Over time the OY numbers will become more accurate, as more and more high-quality race results data are incorporated

Presentations: 16.00. This year Langstone Adventure Rowing has extended the Awards of an Adventure Shield to crews of traditional, fixed seat boats for:

- 1. Fastest Round the Island on handicap
- 2. Fastest Ladies
- 3. Fastest Supervets Crew (50+)
- 4. Fastest Masters (60+)
- 5. Juniors (Under 18)
- 6. Fastest Cornish Pilot Gig

- 7. Fastest St Ayles Skiff 9.
- 8. Fastest Solent Galley 10.
- 9. Fastest Bursledon Gig 11.
- 10. Fastest Celtic Longboat
- 11. Coastal Sculling C4x
- 12. LAR Sportsman's Trophy

Each boat will be individually timed and actual results based on your actual rowing time from start to finishing. The Starter and Timekeeper this year is again Family Copeland.

This year we are offering breakfast buns, tea, cakes and other refreshments on site. This is a key way to raise funds for the Clubs involved in supporting this event, so do support the providers on site and the raffle.

There is a Café on site, it is usually busy at weekends and you may have a long wait for food.







Rowing the Course:

Alternative route:

In the event of high winds, the Hayling sea front can become impassable at either end to rowing boats. An alternative route, shown in Red, may be used. The Handicap start times will be revised according to the length of the revised course

Course Hazards: On leaving the New Cut at the start crews may proceed anti-clockwise around the island in pursuit of the fastest time. Hazards include:

BRIDGE: A passage under the Hayling Island Road Bridge, followed by a single narrow passage through the disused railway bridge means boats will start in a) Groups of the same Class; b) 1 minute apart.

TO AVOID RISK IN THIS AREA RACING WILL ONLY START AT THE GREEN TRIANGULAR BUOY MARKED 'BRIDGE' 100 METRES TO THE WEST OF THE BRIDGES. ANY CREW OVERTAKING BEFORE THIS POINT WILL BE DISQUALIFIED.



Cardinal, Marker Buoys and Marker Posts indicating Channel positions and hazards – competitors are recommended to stay between the **red** and **green**

markers in order to avoid risk of grounding on tidal Salting's and mudbanks.

- Moored yachts: To the North of the both Harbour entrances are lines of buoys and moored boats.
- A shallow, unmarked, sand bank to the NE of the wrecked Mulberry in Langstone Harbour is a hazard – Crews can pass either side of the Mulberry without disqualification, always ensuring you regain the main channel thereafter.
- Tide races at the junction of the Harbour entrances choppy water can result from certain wind/tide conditions. At the Exit to Chichester Harbour there will be 2 x buoys indicating the route to take close to the red hazard Baskets, ensuring you do not head south over the Bar Sands.
- Fishing Lines; when hugging the shore, beware of long fishing lines advise fishermen of your approach if possible.
- Rock and wooden Groynes along the sea front stay seaward of all the red 'basket' Groyne markers.







Course participants: All Coxswains must be over 18 years. Under 18's must wear a life jacket or buoyancy aid; no one may take part under 14 years old.

Safety: All the Marshals and Safety boats are volunteers, so please respect them and the advice they give regarding safety and risk management.



On the Water: The coordinating wet-side manager will be Mike Gilbert mobile 07767 350 512. All crews will carry a VHF radio tuned to Channel 8 for communication purposes.

On the Shore: The venue is Northney Marina; Hayling Island PO11 0NH; 023 92 469246. Free parking, Café showers and toilets are on site.

Arrival and Departure: Boats and crews can arrive from Friday at the Marina. There will be a coordinating Shore Manager who is organising 'meet and greet'; and will help you find your way about. We are expecting Pilot Gigs for the Saturday L{GC Invitation Regatta . Other boats can arrive on Saturday for Sundays' RHRR... and can be stored on shore or on the water.

Boats can be launched in the main slip or the North Slip (tidal). Overnight berthing has been arranged with the Marina at no cost to entrants. Trailers can be stored in the boat standing area behind Powertech, adjacent the main slip.

Safety Plan: In 2023 the Safety & Support Boats will be positioned at:

- 1. The Start;
- 2. Bridge Buoy in Langstone Harbour.







- 3. Off the Winner and by
- 4. Off Bar Sands, HISC;

RIBS will also lead the first main group away & follow the main groups of boats.

All boats must carry a working VHF radio and a radio check will be carried out at the start. **Any boat without a working VHF radio will not be allowed to start**.

Clubs are requested to ensure that the coxswain is a competent (Level 2) Off-Shore Cox capable of handling the crew and boat in the rough waters that can be experienced along the Hayling Sea Front or Langstone Harbour if rough.

All Coxswains must wear a lifejacket, and all crews must have a life jacket or buoyancy aid available IN THE BOAT – The Safety Officer may require them to be worn on the Sea Front leg if the wind exceeds F4.