

# 3 Harbours Rowing News; Summer 2023



By Mike Gilbert; Coastal Rowing Academy

This Newsletter has a bit more content than usual, so I have broken it into 3 parts:

- News!
- The Diary;
- Sliding seat Coastal / Offshore news & Fixed-seat Coastal including Gigs; Celtics; Skiffs etc;

The 3 Harbours Rowing Directory, updated with Brading Haven, Lewes and Affinity contact details is attached as a separate document.

## News!

There is a **NEW Club** rowing! The **Brading Haven Yacht Club** has borrowed a Gig from Yarmouth and is getting into coastal rowing. The contact is Polly Schafer: 07717 472972. With help from John Kerr YPGC and Mark Brownjohn of LPGC, they have been rowing and training. They are looking for a boat – so if you know of one for sale... let Polly know.

There is a **NEW rowing group on the way!** The **Emsworth Slipper Sailing Club** have ordered a new Celtic Longboat that should be delivered this year; and to help them get ready for its arrival, have teamed up with the **Langstone Cutters Rowing Club** to get practical experience of coastal rowing, using the Celtic.

There is a **NEW boat on order!** The **Coastal Rowing Academy Club** recently obtained a grant from Sports England towards a new boat; and have ordered a Celtic Longboat – hopefully to be delivered in 2023.

There are **NEW events** to look forward to:

On Saturday **30<sup>th</sup> September** there is an invitation for all the Clubs to attend an **'Solent Galley'** at Northney Marina from 10.00 to 15.00. Here we are hoping to gather all 7 of the Classic Solent Galleys in one place for a Regatta: *Joyce, Doreen, Bembridge, Sallyport, Rosemary, Elephant and Langstone Lady*. Clubs include LCRC; Shovellers; Itchenor; Yarmouth and Hamble, but all are welcome to come try out these boats in some Random Racing.

On Sunday **1<sup>st</sup> October** there is an invitation for all the **3 Harbours Rowing Clubs** to join in a first trial of a 'Head of the Harbour' Race. Open to all Coastal boats including Coastal Sculling Quads and Doubles; Gigs, Skiffs and Galleys. A timed, handicapped race from Northney to HISC – 8k non-stop – for mixed crews only (50/50).



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**CURRENT CALENDAR: Local and major Challenges, Races and Events that may be of interest.**

**August 19th Tudor Challenge, fixed-seat racing.**

**August 19th: Dartmouth; Coastal racing SW League;**

**August 26th: OPEN DAY 3: Get Up and Go! & CRAC @ Northney for anyone interested in joining the Coastal Rowing World!**

**September 2<sup>nd</sup>: Offshore Coxswains Workshops; Sparkes Marina; in the Morning a 3 Hour Workshop on coxing in the Open Sea in fixed seat boats (for experienced Coxswains); In the Afternoon a 3 hour workshop coxing sliding-seat quads Offshore.**

**September 9<sup>th</sup>: South West Coastal League: Coastal Sculls at Exmouth Regatta;**

**September 9th Seaford Regatta - Pilot Gigs only.**

**September 16th: South West Coastal League Racing. Teign Sliding Regatta;**

**September 16<sup>th</sup>: Great River Race; all fixed seat boats;**

**September 16<sup>th</sup>/17<sup>th</sup> : HISC/Mistral Watersports Weekend**

**Saturday 16<sup>th</sup> Workshops – including Coastal Rowing;**

**Sunday 17<sup>th</sup>: HISC/Round the Island Challenge; for Paddleboards; Kayaks; Outriggers and Rowing.**

**23<sup>rd</sup> September: South West Coastal League: Carrick Coastal Regatta;**

**30<sup>th</sup> September/1<sup>st</sup> October : Autumn 3 Harbours Rowing Weekend:**

**Saturday: 30<sup>th</sup>: Solent Galley Regatta Northney; Harbours Regatta @ Northney; Gigs; Galleys; Celtics and Coastal Sculls.**

**Sunday 1<sup>st</sup> October: Head of the Harbour; 8K challenge row from Northney to HISC for mixed crews only.**

**September 23<sup>rd</sup> Gig Racing at Carrick; possible Safety Day at Northney.**

**October 14th Head of the Ouse.. fixed seat racing Lewes to Newhaven (ladies) and Newhaven to Lewes (men).**

**October 14th Bridport Pilot Gig Racing (CPGA Event);**

**October 21st South West Coastal League: Torguay Regatta Coastal racing.**

**October 28<sup>th</sup>: CYC 3 Harbours Celtic Longboat Regatta – CYC; DQSC; ISC; LCRC; CRAC & ESC..**

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## EVENTS and CLUBS News:

**Welsh 'Gold, Silver and Bronze' brought back to Hayling!** The Welsh Rowing Coastal Championships took place off the Mumbles near Swansea. Both Hayling based Coastal Sculling Clubs were there... the **Coastal Rowing Academy Club** coming back with **Gold** (Our Golden ladies – Jo, Claire, Heather and Liz + Mike as Cox) and Bronze in the ladies Masters Quad race; and **Dolphin RC** with Andi in Dolphin Pink claiming a **Silver** in the Ladies singles.



This was followed by the British Rowing Offshore Championships (BROC) at Exmouth. CRAC brought back a **Silver** in the Ladies masters Quad and Dolphin a **Bronze** in the ladies Doubles.



**Bembridge Yacht Harbour and Yarmouth Gig Club** held their Annual **Gig Fest** on the Isle of Wight; fund raising and socialising across the Solent.

**Eastney Cruising Association** held their annual Cockleshell Challenge out into the Solent. 20+ boats rocked up and had a great blast around Horse Sands Fort and the Fairway Mark. With a great reception and prizegiving at the ECA Clubhouse on the Langstone Harbour Entrance!

**Langstone Pilot Gig Club:** Attended the **World Cornish Pilot Gig Championships** over the May Bank Holiday weekend. This year while celebrating their 10<sup>th</sup> year; they increased their impact on the World Gig Rowing scene, with **25<sup>th</sup> place** in the World for **BOTH Ladies 'A' and Men's 'A'**. they also won their **Group C Finals** – Gaining 2 trophies and a platform appearance! A stunning result that cements their place as the premier Cornish Pilot Gig Club in the Region.



**Langstone Pilot Gig Club** also hosted an **Invitation Pilot Gig Regatta** off Northney on 17<sup>th</sup> June with guest Clubs from across the South Coast; locally with entries from ECA; CRAC and LPGC; plus Weymouth and Poole; Lewes & London Cornish.

11 races were held over the day – Men's and Women's 'A' and 'B' crews; M & W Vets and Supervets; a Juniors; a mixed crew & mixed Vets race... with honours spread across LPGC and Weymouth. Feedback was this was a well organised and successful day, Perhaps the beginning of a South East Cornish Pilot Gig League?

**LPGC** also report a surge in new Members over the summer months!

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**Round Hayling Rowing Race on Sunday 18<sup>th</sup> June** completed the full course the Island and with honours going to:

**First across the line on Handicap: Langstone Pilot Gig Club in *Heart of Hayling*;**

**Fastest Round the Island - Coastal Rowing Academy Club Quad – *Quadrant 430***; also, fastest Quad and Fastest Ladies crew! **A new Record 2 hours 06m 15s** (was 2h 6m 45s held by Weymouth for 9 years).



**Also:**

**Fastest Vets & Fastest Bursledon Gig - Tudor SC in *Freedom*;**

**Fastest Supervets - Langstone Cutters RC in *Gladys*.**

**Fastest Mixed - Tudor in *Orange Peel*;**

**Fastest Solent Galley - Itchenor SC in *Bembridge*;**

**Fastest Celtic Longboat - Langstone Cutters RC in *Swear Deep*;**

**Langstone Adventure Rowing Sportsman's Trophy** went to the CRAC mixed crew in *Teylu* - last across the line and a complete novice crew! Well done!

**Dell Quay SC** hosted a range of **Celtic Longboat** races in a friendly 2k regatta for novice rowers - honours were shared across all the Clubs – Dell Quay; Langstone, Itchenor and Chichester YC.



**Bosham SC** held a Mixed Class Regatta for quads, Galleys and St Ayles Skiffs on a windy day in

**Tudor SC** have started their monthly **Friendly Friday** race night to invited guests – Hayling Clubs entering in June; other Clubs in July & August.

**Tudor Challenge** is set for 19<sup>th</sup> August... contact is John Elson 078352625441.

**Langstone Cutters Rowing Club and the Coastal Rowing Academy:** was 'on tour' over May and June - a trip to the 5-day tour in **Gulf du Morbihan, France**, with 2 x Ayles Skiffs and Langstone Cutters with 5 boats! CRA took 5 members of the Academy Club plus a crew from **Bristol All Aboard Club** took part.



CRAC then went to visit to Lac Maggiore with a view to a Tour there next May 2024.

The Tour finished with 2 boats rowing **the Vogalonga in Venice!** This year as well as **CRAC Members** we took **Chichester YC** and **Tudor SC Members** - and some British Rowing friends.

**The Academy** also went to Whitby Coastal Rowing Club to help British Rowing Pilot a new Training Course for **Coastal Rowing Instructors**. Aimed at coastal rowing Clubs moving into sliding seat coastal Sculling – Enduro and/or Beach Sprints – this course is



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designed to help Clubs teach the new sport safely and consistently. The Pilot was successful and we are now looking to run a second pilot in the 3 Harbours in October.

**CRA** meet up with **Lewes Pilot Gig Club** to do some Stroke Technique and Train the Trainer Instruction.

**Southsea Shovellers** took 2 Galleys – *Joyce* and *Doreen* - across to Bembridge on the IoW to have lunch! 5 CRAC and LCRC Members joined them.

**Langstone Cutters Rowing Club** – also went to a week-long tour of the Norfolk Broad's, with 2 x Solent Galleys, hosted by friends in **Coastal Rowing Association of Blakeney**. Their Summer Open Days have been hugely successful in gaining more Members...



**'Get Up and Go!' Rowing** continues – There are 6 Courses running this year with 6/7 people on each learning about our great sport. You can book on subsidised courses directly with - [www.getupandgohavant.com](http://www.getupandgohavant.com), or contact Sophie Iles.

**Coastal Rowing Academy Courses** are running through as follows:

- **Get Up and Go!** HBC/HCC Sponsored Learn to Row Courses Rowing; Wednesdays @ 18.00 from 19<sup>th</sup> August & Thursday @ 10.00 from 20<sup>th</sup> August.
- **Competent Coastal Coxswain:** 2<sup>nd</sup> September @ Sparkes Marina – teaching Offshore Coxing Skills.
- **Training the Coastal Sculling Instructor:** October 28<sup>th</sup>/29<sup>th</sup> Sparkes Marina.

Or for more information call Mike Gilbert on 07767 350512 or email: [academymike@yahoo.com](mailto:academymike@yahoo.com). Or visit: [www.coastalrowingacademy.co.uk](http://www.coastalrowingacademy.co.uk).

**3 Harbours Rowing Autumn Meeting: An invitation for the next 3 Harbours get together: Our next get together would be in the Autumn with an Agenda to:**

- Review Club-by-Club progress and growth plans?
- Discuss thoughts to make 3 Harbours Rowing more visible;
- Update the Directory;
- Plan the 2024 programme;
- Discuss Training and Coaching needs and wants!

Any thoughts? Something we missed? Contact Mike Gilbert @ [Academymike@yahoo.com](mailto:Academymike@yahoo.com).