



The 2023 Langstone Rowing Weekend will take place on 17th and 18th June. comprising of 2 main events:

Saturday 17th Langstone Pilot Gig Club Regatta: This takes place on a 1.25 mile circuit in Chichester Harbour; from the Hayling Bridge Eastwards through the New Cut; Westwards through Church Rythe and around the Saltings to the North Marina North Slip.

Sunday 18th Round Hayling Rowing Race: This takes place around the Hayling Island in an anti-clockwise direction; or in case of an excessive wind over and above F5 on a shortened course through Langstone Harbour, and around the 'Mulberry' and back.

General Health and Safety Policy: It is the policy of the organisers, (Langstone Pilot Gig Club, Langstone Adventure Rowing, the Coastal Rowing Academy & Club), to adopt all practical measures to ensure the health and safety of all participants and others affected by the Rowing Weekend. The organisers will undertake a Risk Assessment and take action to reduce the Risks identified.

Langstone Pilot Gig Club Regatta: Itinerary and Timings:

Friday 16rd June; Boats for the Gig Regatta can be delivered and stored on site at Northney Marina.



Racing: Will take place around the 'Saltings' Course show in red. The Start will be adjacent to the Hayling Bridge proceeding in an anti-clockwise direction and finishing in the New Cut on the North Side of the Hayling Island opposite the Slipway – a distance of some 1.5NM; each race takes around 20 minutes to complete: High Water Northney is around 12.00 BST.



Race & Safety Briefing 09.00 All Coxswains

First Race 10.00: Order of Racing

Ladies B Race

Men's B Race

Ladies A Race

Juniors Race (Buoy 3 to the Finish)

Men's A Race

Ladies Vets Race

Men's Vets Race

Mixed (if Tide Allows)

Racing finishes around 14.00

Presentations immediately afterwards: Awards to: Fastest Juniors; Veteran Ladies; Veteran Men; Ladies A; Ladies B; Men A and Men B; Fastest Mixed Crew.

Competition Rules & Course Hazards: Boats will assemble alongside marker posts adjacent the Hayling Bridge under the control of a Start Marshall. From the start crews will race around the Course following CPGA Race Rules

Water start is marshalled boats line up behind the start and are guided forward. On starting crews pass all Buoys to Port. Race eastwards to **Buoy 1**. Boats race to **Buoy 2** and will turn sharply westward to progress around a line of orange mooring buoys and yachts. At the end of the line of buoys, **Buoy 3** will indicate a turn to head back towards the Bridge. An intermediate **Buoy 4** will act as a sighting mark towards the Bridge. At the Bridge, **Buoy 5** will indicate the final turn to align boats to race to the north Slipway finish line.

Hazards include:

1. **Cardinal, Marker Buoys and Marker Posts** indicating Channel positions and hazards – competitors note the red and green channel markers on tidal mudbanks. Racing crews must keep an eye out for constrictions caused by the Channel and Cardinal markers and give way;
2. **Start:** The start is of limited width and boats must avoid collision as they race away.
3. **Marina Entrance:** Yachts entering here will be out of the racing line - provided crews stay to the West.
4. **Moored yachts:** Buoys 2 and Buoy 3 mark the beginning and end of a line of orange buoys and moored boats.
5. **Wadeway:** Close to the surface at low water.

Umpiring: In accordance with CPA Rules:

At Buoy 1; 3; 4 and 5, the umpires' calling point will be marked, approximately 6-lengths from the turn. All gigs shall pass the umpire boat on the port side.



At this point the umpires will decide who has the advantage by assessing whether the bow of the port side gig has reached the coxswains seat of the Gig in front creating an overlap. They will then inform the crews using a loud hailer and VHF radio.

The gig which is given the advantage has the rights to the mark and the following gigs must avoid it - whatever the situation. Each following gig will be given instructions from the umpires. If the boat given the rights to the mark leaves a gap, a following gig can go into that gap - so long as they do not impede the gig with the rights. No impeding on the stroke side or ahead of the number 5 oar is to take place.

On the Water: The coordinating wet-side manager will be Mike Gilbert mobile 07767 350512. He and other support craft and all competitors will have a VHF radio tuned to Channel 8 for the duration of the racing.

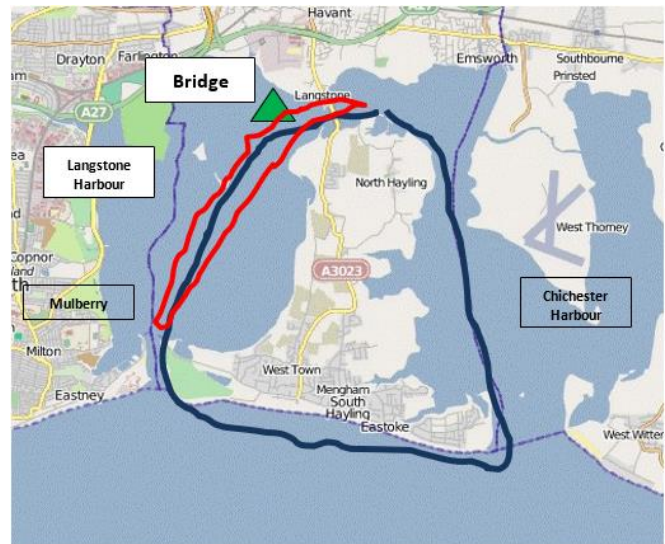
On the Shore: The co-ordinating Beachmaster will be ???? (mobile ??).



Sunday 18th Round Hayling Rowing Race:

this takes place around Hayling Island in an anti-clockwise direction (shwn Blue); or in case of an excessive wind over and above F5 on a shortened course (shown Red) through Langstone Harbour, and around the 'Mulberry' and back.

The Start and Finish will be in the New Cut on the North Side of the Hayling Island, proceeding in an anti-clockwise clockwise direction around the Island. It will be run as a single race with time handicaps for different classes of boat and crew.



The 13-mile course takes around 2-2.5 hours to complete for Gigs and Galleys - the record time is 2 hours 6 minutes set by Weymouth Gig Club in a Pilot Gig; 2 hours 9 minutes by Langstone Cutters in a Solent Galley. The race is a 'Flag' race that requires crews to fly a flag of the Club at least 3'x2'.

Entry Fees: There is a fee per rower (not Coxswain) entering the Round Hayling in order to provide the support to the event. Any surplus is shared between the supporting Clubs.

All boats must carry a working VHF radio (Channel 8).

High Water Chichester Harbour 12.30.

09.30 Coxswains Briefing.

Race Handicap: Each boat will start 1 minute apart to avoid congestion at the Bridge. Group starting times (to be confirmed):

From:

- 10.30 St Ayles Skiffs & Bursledon Gigs
- 10.40 Jolly Boats and other 4 oared boats;
- 10.50 Celtic Longboats
- 10.55 Solent Galleys
- 11.00 Cornish Pilot Gigs
- 11.05 TWCS
- 11.15 Coastal 4X

If weather dictates a short race:

- St Ayles Skiffs & Bursledon Gigs
- Jolly Boats and other 4 oared boats;
- Solent Galleys
- Celtic Longboats
- Cornish Pilot Gigs
- Coastal Sculling 4s.

Race finishes around 14.00. Boats recovered or moored up and crews off the water 15.30.



Presentations: 16.00. This year Langstone Adventure Rowing has extended the Awards of an Adventure Shield to crews of traditional, fixed seat boats for:

- | | |
|------------------------------|-------------------------------|
| 1. 'First Across the Line' | 8. Fastest St Ayles Skiff |
| 2. Fastest Round the Island | 9. Fastest Solent Galley |
| 3. Fastest Ladies | 10. Fastest Bursledon Gig |
| 4. Fastest Vets Crew (50+) | 11. Fastest Harker's Yard Gig |
| 5. Fastest Supervets (60+) | 12. Fastest Celtic Longboat |
| 6. Juniors (Under 18) | 13. Coastal Sculling C4x |
| 7. Fastest Cornish Pilot Gig | 14. LAR Sportsman's Trophy |

Each boat will be individually timed and actual results based on your actual rowing time from start to finishing. The Starter and Timekeeper this year is again Family Copeland.

This year we are back to offering tea, cakes, and other refreshments on site. This is a key way to raise funds for the Clubs involved in supporting this event, so do support the providers on site and the raffle.

There is a Café on site, it is usually busy at weekends and you can have a long wait for food.

Rowing the Course:

Alternative route:

In the event of high winds, the Hayling sea front can become impassable at either end to rowing boats. An alternative route, shown in Red, may be used. The Handicap start times will be revised according to the length of the revised course

Course Hazards: On leaving the New Cut at the start crews may proceed anti-clockwise around the island in pursuit of the fastest time. Hazards include:

BRIDGE: A passage under the Hayling Island Road Bridge, followed by a single narrow passage through the disused railway bridge means boats will start in a) Groups of the same Class; b) 1 minute apart.

TO AVOID RISK IN THIS AREA RACING WILL ONLY START AT THE GREEN TRIANGULAR BUOY MARKED 'BRIDGE' 100 METRES TO THE WEST OF THE BRIDGES. ANY CREW OVERTAKING BEFORE THIS POINT WILL BE DISQUALIFIED.

Cardinal, Marker Buoys and Marker Posts indicating Channel positions and hazards – competitors are recommended to stay between the red and green markers in order to avoid risk of grounding on tidal Salting's and mudbanks.





- Moored yachts: To the North of the both Harbour entrances are lines of buoys and moored boats.
- A shallow, unmarked, sand bank to the NE of the wrecked Mulberry in Langstone Harbour is a hazard – Crews can pass either side of the Mulberry without disqualification, always ensuring you regain the main channel thereafter.
- Tide races at the junction of the Harbour entrances – choppy water can result from certain wind/tide conditions. At the Exit to Chichester Harbour there will be 2 x buoys indicating the route to take – close to the red hazard Baskets, ensuring you do not head south over the Bar Sands.
- Fishing Lines; when hugging the shore, beware of long fishing lines – advise fishermen of your approach if possible.
- Rock and wooden Groynes along the sea front – stay seaward of all the red ‘basket’ Groyne markers.

Course participants: All Coxswains must be over 18 years. Under 18's must wear a life jacket or buoyancy aid; no one may take part under 14 years old.

Safety: All the Marshals and Safety boats are volunteers, so please respect them and the advice they give regarding safety and risk management.



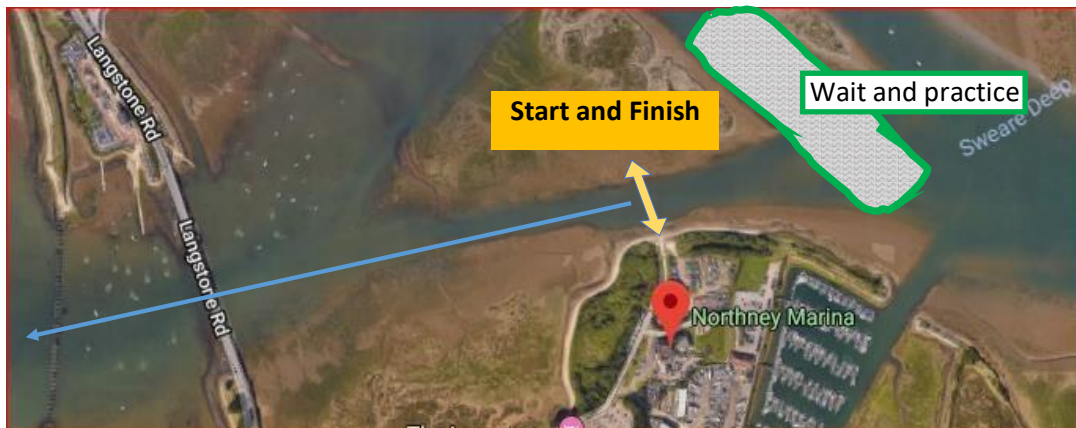


On the Water: The coordinating wet-side manager will be Mike Gilbert mobile 07767 350 512. All crews will carry a VHF radio tuned to Channel 8 for communication purposes.

On the Shore: The venue is Northney Marina; Hayling Island PO11 0NH; 023 92 469246. Free parking, Café showers and toilets are on site.

Arrival and Departure: Boats and crews can arrive from Friday at the Marina. The coordinating Shore Manager this year is Bekki Bradley (mobile.....) who is organising 'meet and greet'; and will help you find your way about.

Boats can be launched in the main slip or the North Slip if there is water. Overnight berthing has been arranged with the Marina at no cost to entrants. Trailers can be stored in the boat standing area behind Powertech, adjacent the main slip.



Safety Plan: In 2023 the Safety & Support Boats will be positioned at:

1. The Start;
2. Bridge Buoy in Langstone Harbour.
3. Off the Winner and by
4. Off Bar Sands, HISC;

RIBS will also lead the first main group away & follow the main groups of boats.

All boats must carry a working VHF radio and a radio check will be carried out at the start.
Any boat without a working VHF radio will not be allowed to start.

Clubs are requested to ensure that the coxswain is a competent Off-Shore Cox capable of handling the crew and boat in the rough waters that can be experienced along the Hayling Sea Front.

All Coxswains must wear a lifejacket, and all crews must have a life jacket or buoyancy aid available IN THE BOAT – The Safety Officer may require them to be worn on the Sea Front Leg if the wind exceeds F4.

If the forecast and assessed conditions are deemed excessive; Plan B Route will be applied.



Your Hosts:

Langstone Pilot Gig Club; the first and leading Gig Club in Hampshire, with 4 boats; 135+ Membership and 35+ Juniors squad – competing in the World Gig Championships since 2013, Summer Regattas and the Jurassic League; <http://langstonecuttersgigclub.co.uk>.

Coastal Rowing Academy & Club; A new body supporting the development of all kinds of Coastal Rowing from fixed seat Gigs and Skiffs to Coastal Sculling singles, doubles, quads. <http://coastalrowingacademy.co.uk>.